

Recommend format and track layout for computer files  
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Apple Pro Res 422 (HQ) 1080 is the most stable.

For 5.1:

Ch 1 - L  
Ch 2 - R  
Ch 3 - C  
Ch 4 - LFE (Sub)  
Ch 5 - LS  
Ch 6 - RS  
Ch 7 - Blank  
Ch 8 - Blank

For 7.1:

Ch 1 - L  
Ch 2 - R  
Ch 3 - C  
Ch 4 - LFE (Sub)  
Ch 5 - LS  
Ch 6 - RS  
Ch 7 - LRS  
Ch 8 - RRS